

# About Your Child's School Caterer

Harrison Catering Services is an independent, family-owned business with a simple approach: we prepare fresh food every day from fresh ingredients. This means that all your child's delicious meals are prepared daily by our trained cooks.



**HARRISON**  
food with thought



We're delighted to work in partnership with the London Borough of Ealing, and we look forward to serving your children great food!



Our menus meet school food standards and offer a wide range of dishes tailored to the individual needs of each school.



We use high-quality, sustainably-sourced, seasonal food. Our menus feature organic ingredients, British free-range eggs, Red Tractor-certified cheddar cheese, pole and line caught tuna, and fresh, British-sourced meat and poultry.



We are proud to have been awarded the Soil Association's Silver Food for Life Catering Mark, which means our methods have been independently audited and proven to be of exceptional quality.

We use locally sourced ingredients when available and in season!

Our very own company nutritionist, Dr Juliet Gray, advises on all our menus!



If you have any comments, we'd be delighted to hear from you. You can contact our local office on 020 8280 0311 or email [ealing@harrisoncatering.co.uk](mailto:ealing@harrisoncatering.co.uk).

For all enquiries regarding free meal entitlement, please telephone 020 8825 5566 or email [pupilsupport@ealing.gov.uk](mailto:pupilsupport@ealing.gov.uk)

Discover more about us or try the delicious recipes on our website! [www.harrisoncatering.co.uk](http://www.harrisoncatering.co.uk)

Week 1  
w/c

1st September  
21st September  
12th October  
9th November  
30th November  
4th January  
25th January

Monday

Sweet and Sour  
Chicken with Rice  
Cajun Spiced Fish  
with Rice

**Jacket Potato with  
Cheese and Beans**

Toffee Apple Crumble  
with Custard

Tuesday

Lamb and Vegetable  
Pie with New  
Potatoes

**Macaroni Cheese**

Lemon Drizzle Cake  
with Custard

Wednesday

Roast Chicken with  
Roast Potatoes  
and Gravy

**Savoury Pin Wheel  
with Roast Potatoes  
and Gravy**

Vanilla Ice Cream with  
Chocolate Shortbread

Thursday

Lamb Bolognese  
**Vegetable Bolognese**

Pineapple Upside  
Down Cake with  
Custard

Friday

Battered Fish with  
Chunky Chips  
**Vegetarian Goulash  
with Rice**

Fresh Fruit Salad

Week 2  
w/c

7th September  
28th September  
19th October  
16th November  
7th December  
11th January  
1st February

Monday

Lamb Keema with Rice

**Quorn and Noodle  
Stir Fry**

Baked Hake in a  
Tomato & Basil Sauce  
with Rice

Raspberry Ripple Ice  
Cream with Fruit

Tuesday

Chicken and  
Sweetcorn Pie with  
Mashed Potatoes

**Pasta Neapolitan**

Sticky Ginger Cake  
with Custard

Wednesday

Shepherd's Pie  
Jacket Potato with  
Tuna Mayonnaise

**Vegetarian  
Shepherd's Pie**

Banana Flapjack

Thursday

Piri Piri Chicken  
with Rice

**Winter Vegetable  
Stew with  
Mashed Potatoes**

Chocolate Sponge  
with Chocolate Sauce

Friday

Tandoori Fish with  
Chunky Chips

**Homemade Cheese  
and Tomato Pizza  
with Chunky Chips**

Pineapple Crumble  
with Custard

Week 3  
w/c

14th September  
5th October  
2nd November  
23rd November  
14th December  
18th January  
8th February

Monday

Lamb Pasta Bake  
Vegetable Biryani

**Roasted Pepper and  
Onion Frittata with  
New Potatoes**

Frozen Strawberry  
Yoghurt with Fruit

Tuesday

Chicken Korma  
with Rice

**Jacket Potato  
with Cheese and  
BBQ Beans**

St Clement's Cake  
with Custard

Wednesday

Lamb Stew with  
Mashed Potatoes

**Tomato and  
Basil Pasta**

Salmon and  
Broccoli Slice with  
Mashed Potatoes

Chocolate Brownie

Thursday

Jerk Chicken  
with Rice

**Vegetable Lasagne  
with New Potatoes**

Pear Crunch Cake  
with Custard

Friday

Battered Fish with  
Chunky Chips

**Homemade Bean  
Burger with  
Chunky Chips**

Apple and Berry Pie  
with Custard

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**Available  
Daily**

We also serve a choice of salads,  
seasonal vegetables, fresh bread, fresh fruit  
platters, fruit yoghurt and water every day.



Look out for  
monthly featured  
ingredients.

Try  
something  
**NEW!**

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